ABOUT
DR. DIANA FOSHA

Is the developer of A E D P (**A**ccelerated **E**xperiential **D**ynamic **P**sychotherapy), and Founder and Director of the AEDP Institute. A leader in the field of transformational studies in trauma treatment, Fosha's work focuses on integrating neuroplasticity, recognition science and developmental dyadic research into experiential clinical process work with patients. With AEDP as an internationally recognized approach that specializes in training therapists in a healing-oriented transformational model, Dr Fosha is on the cutting edge of innovation in the treatment of attachment trauma. Changing how we think about change, she is opening up exciting possibilities for what can happen in psychotherapy.

She is the author of *The transforming power of affect: A model for accelerated change* (Basic Books, 2000) and senior editor, with Daniel Siegel and Marion Solomon, of *The healing power of emotion: Affective neuroscience, development & clinical practice* (Norton, 2009). Two DVDs of her live AEDP clinical work have been issued by the American Psychological Association (APA), with AEDP featured as one of APA's Systems of Psychotherapy. A sought af- ter presenter nationally and internationally, Diana lives and practices in New York City. Many of her papers are available through the AEDP website at www.aedpinstitute.com.