



Reflecting on systemic work: an ongoing process

by Umberta Telfener

I had the privilege to meet Gregory Bateson, Margaret Mead, Milton Erickson as well as shamans all over the world, to study in depth with Minuchin, Montalvo, Haley, Whitaker, Cecchin, Boscolo, Selvini Palazzoli and to become a student of Heinz von Foerster for at least ten years.

This brief seminar will try and summarize what I learned from these masters and from my practice and how I utilize all their concepts in my current work. I will try and do so in a participative and active modality.

The presentation will be organized in a theoretical presentation (which are the main constructs I utilize talking about therapy), clinical examples to highlight the selected constructs, answers to questions to co-create an ongoing conversation with participants, if possible a role-played session.

The analysis of a case will be organized with the active participation of the group, through the use of the morphogenetic field

Specific topics:

What I learned from Heinz von Foerster

The reflexive competence

The not knowing positioning and the inevitability of collusion

How to intervene:

The analysis of the quest

The ability to look for the fit

The need to procesualize

Attention to the iatrogenic risk

The therapeutic relationship as the fundamental ingredient

The seminar is organized by the Athenian Institute of Anthropos (A.I.A.), with the support of the Hellenic Association of Systemic Therapy (HELASYTH) and under the auspices of the Hellenic Federation of Systemic and Family Therapy (ETHOS). It will take place at the Foundation of the Hellenic World, (Iphigenia Hall, 254 Pireos st., 177 78 Tavros), on June the 26th, 2016 (morning session: 09.30 - 13.30 - evening session: 15.15 - 17.30).

For more information [please contact the Athenian Institute of Anthropos \(A.I.A.\)](#)